# We are a community that supports people with mental illness and their loved ones

National Alliance on Mental Illness is dedicated to improving the lives of those affected by mental illness - either of individuals living with mental illnesses or their family members and friends. We provide programs of support, advocacy and education.

### CONTACT US

(913) 210-0630

namijoco@gmail.com

NAMI JOHNSON COUNTY, INC. PO BOX 19025 LENEXA, KS 66285-9025

More Resources Available at www.namijoco.org

Need Help Now? Text NAMI to 741741

> JCMH Crisis Line (913) 268-0156

Suicide Prevention: 1-800-273-8255

WWW.FACEBOOK.COM/NAMIJOCOKS
WWW.TWITTER.COM/NAMIJOCOKS
WWW.INSTAGRAM.COM/NAMIJOCOKS
LINKEDIN - NAMI JOHNSON COUNTY KS











# You are not alone.



**Education Support Advocacy** 

### **SUPPORT**

**Family Support Group:** For family members, caregivers, partners and friends of individuals living with a mental illness.

Family Support Group Meetings:

2nd & 4th Tuesday of each month

7 pm-8:30 pm

Meets virtually - Register at www.namijoco.org

**Peer Support Group:** For adults living with mental illness. Gain insight from hearing the challenges and successes of others.

**Currently not meeting** 



# **ADVOCACY**

**In Our Own Voice**: Powerful personal stories of those living with mental illness.

### **EDUCATION**

### **First Tuesdays Educational Program:**

We welcome guest speakers that share on a variety of topics of interest to our members.

1st Tuesday of each month 7 pm-8:30 pm

Meets virtually - Register at www.namijoco.org



8 session educational program for family, significant others and friends of people living with mental illness. Provides critical information and strategies for taking care of the person they love.



10 session educational program for adults with mental illness who are looking to better understand their condition and journey toward recovery.



6 session educational program for parents, guardians and other family who provide care for youth (age 22 or younger) who are experiencing mental health symptoms. NAMI Basics is offered in a group setting so you can connect with other people in person.

All programs are provided at no cost to you.

## **MEMBERSHIP APPLICATION**

When you join now, you become a member of NAMI Johnson County, Inc., NAMI Kansas, and the national NAMI organization. Your dues will help fund programs and support for families and their loved ones living with mental illness. We are always looking for volunteers as well!

As a NAMI member, you will receive NAMI's flagship magazine, the Advocate, as well as NAMI's monthly e-newsletter, NAMI Now.

Join online at namijoco.org or send completed application and check to: NAMI Johnson County, PO Box 19025, Lenexa, KS, 66285-9025

| Title:Mr Mrs MsDr.                    |
|---------------------------------------|
| Name:                                 |
| Address:                              |
| City, State, Zip:                     |
| Email:                                |
| Phone Number:                         |
|                                       |
| Annual Dues: (check one)              |
| \$60 Household Membership             |
| Please list family members:           |
|                                       |
|                                       |
| \$40 Individual Membership            |
| \$5 Open Door/Limited Resources       |
| \$ Donation in addition to membership |